

E1

Topic: Dental disease

Lead-in statement:

For each patient with an oral health problem, select the single most appropriate option from the list. Each option might be used once, more than once, or not at all.

Option list:

- a) advice on toothbrushing
- b) apicectomy
- c) completion of a diet sheet
- d) disclosing tablet use
- e) flossing instruction
- f) fluoride tablet use
- g) fluoride toothpaste use
- h) gingivectomy
- i) polishing
- j) reduce acid intake
- k) reduce sugar intake
- l) subgingival scaling
- m) supragingival scaling
- n) tooth restoration with amalgam filling
- o) tooth restoration with crown

Question 1.

A 23-year old female office assistant attended the practice with a chipped tooth, which had happened the previous evening at a local bar. She complained of general tooth sensitivity to cold foods and drinks for the past few months, and was concerned that her teeth were 'crumbling' despite her low sugar diet regime. On examination, the dentist discovered a minimal incisal edge chip of 31 which required smoothing only, no cavities, and clean shiny enamel generally. In view of these findings, which option is the dentist most likely to recommend?

(correct answer = j)